



TOURNAMENT PROCEDURES & EXPECTATIONS

Athlete, Parent and Supporter Standards

TOURNAMENT DAY STANDARD

Tournament days are an important part of the Storm experience. Athletes, parents, and supporters are expected to represent Storm with preparation, respect, and professionalism at all times.

1 ARRIVAL TIME

All athletes must be inside the gym and **completely ready to begin warm-ups** at the scheduled arrival time.

Athletes should plan to arrive at the tournament site at least **10 to 15 minutes before** the team's scheduled arrival time. This allows time for parking, entering the facility, locating the team, and preparing for the day.

2 FOOD AND DRINKS

Food, **drinks other than water**, and chewing gum are not permitted inside tournament gyms unless the facility specifically allows them.

Tournament directors may penalize a team when athletes, parents, or supporters do not follow facility rules. Everyone associated with Storm is expected to respect the policies of each tournament location.

3 ATTIRE, CONDUCT AND SPORTSMANSHIP

Storm athletes, parents, and supporters are expected to represent the club appropriately at all tournaments.

Proper attire, positive behavior, and respectful communication are required. This includes treating coaches, teammates, opponents, tournament staff, and members of the officiating crew with respect.

4 TRANSPORTATION AND SUPERVISION

Parents and guardians are responsible for arranging transportation for their athlete to and from tournament locations.

Athletes remain under the supervision of their parent or guardian until the coach arrives and after the coach leaves the tournament site. Parents who do not plan to remain at the tournament should notify the coach.

Athletes **must always inform their coach** before leaving a tournament or practice with a parent, guardian, or approved ride.

5 TOURNAMENT ATTENDANCE

Athletes are **expected to attend every tournament** to which they have committed.

When an athlete knows they will be unable to attend, the athlete **must communicate directly with the coach** as soon as possible. This is the **athlete's responsibility**, not the parent's responsibility.

Early communication allows coaches to prepare the team and make any necessary adjustments.

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TOURNAMENT SCHEDULES

Most USAV tournaments do not operate on an exact schedule beyond the first matches of the day.

Matches generally begin **approximately 10 minutes** after the previous match has ended. Because match lengths vary, it is difficult to predict when a tournament will finish.

Families should plan for athletes to be at the tournament for **the entire day**.

7

LEAVING THE TOURNAMENT

Athletes **may not leave** the tournament site until they have been **excused by their coach**.

Teams may be assigned to officiate or work a match after their final scheduled playing match. Every athlete is expected to remain with the team and complete all assigned responsibilities.

Leaving a tournament **without permission** may result in disciplinary action, including **suspension or removal from the team**.

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FOOD AND COOLERS

Families are strongly encouraged to pack a cooler with food, drinks, and snacks for the athlete and family.

Many facilities do not allow coolers or outside food inside the gym. Coolers may need to remain in the vehicle or in a designated area outside the facility.

Some tournaments offer concessions, but families should not assume food will be available. Team food plans or parent rotations should be coordinated with the coach in advance.

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POSITIVE SUPPORT

Parents and supporters should be positive and encouraging toward their athlete, the entire team, the coaching staff, opponents, and officials.

Negative, disrespectful, or derogatory comments are **not acceptable**. Inappropriate behavior may result in **removal from the tournament** and possible suspension from future team activities.

Our athletes should never have to compete while also managing negative behavior from the adults around them.

THE 24-HOUR RULE

When a parent or guardian has a concern involving playing time, an athlete's role, coaching decisions, or another volleyball-related matter, Storm requires a waiting period of at least 24 hours after the triggering event before contacting the coach.

Tournament days and practices are not the appropriate time to confront a coach or begin a discussion about an athlete's playing time, position, role, or participation.

The 24-hour period gives everyone time to process the situation and allows for a calmer, more productive conversation. Athletes are encouraged to speak directly with their coach first when they have questions about their role, development, or playing time.

REPRESENTING STORM

Every athlete, parent, and supporter represents Storm Performance Volleyball while attending a tournament. Together, we create an environment that is competitive, supportive, respectful, and focused on the athletes.

TRAIN. COMPETE. REPEAT.